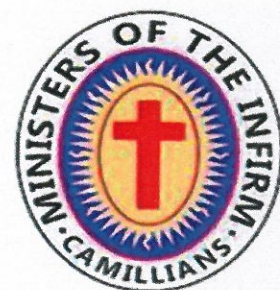




Provincial Superior
Anglo-Irish Province



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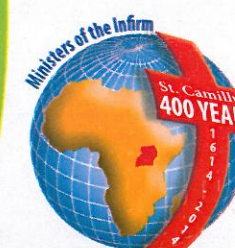
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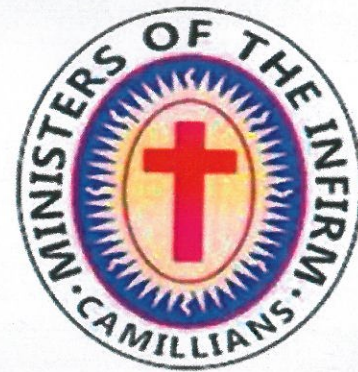
St. Camillus Seminary
Jinja, Uganda

Annual
Magazine
Volume
2



I was hungry and you fed me, thirsty and you gave me drink, I was stranger and you received me in your home, naked and you clothed me; I was sick and you took care of me, in prison and you visited me. (Mt. 25: 35-36)

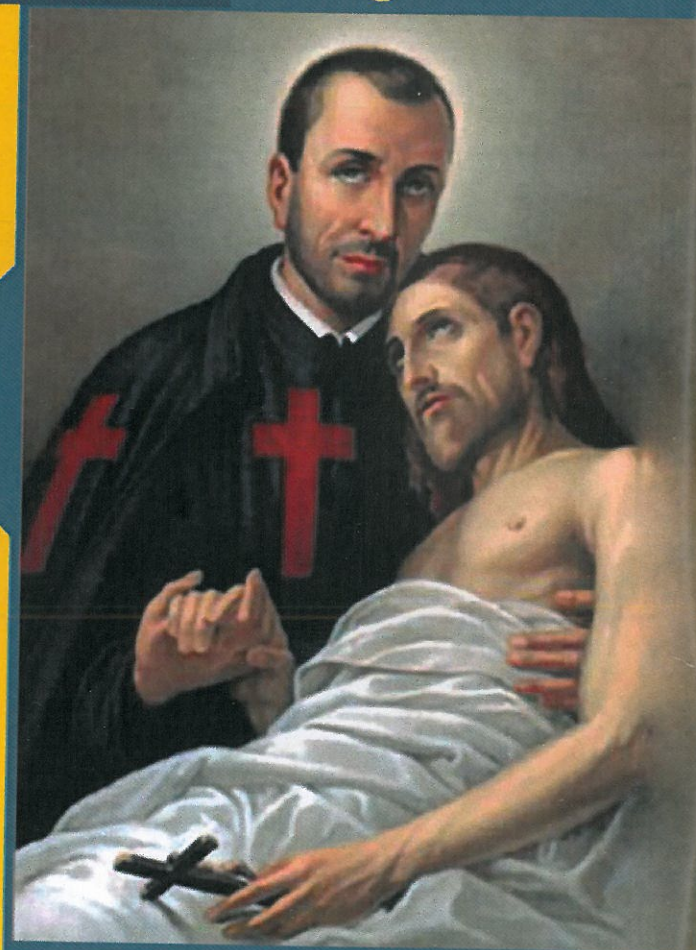
Embrace of the Holy Father



The Good & Deligent Father

THE POOR AND
THE SICK ARE
THE HEART OF GOD.
IN SERVING THEM,
WE SERVE
JESUS CHRIST.

SAINT CAMILLUS DE LELLIS



THE CAMILLIAN ANTHEM

Little More of Love

Little more of love let there be in our hearts

Little more of care let there be when we start

Each of the day caring for the sick

For our Lords and masters they

Precious precious is the body we handle

More precious precious than the silver and the gold

Become we become in their life a candle

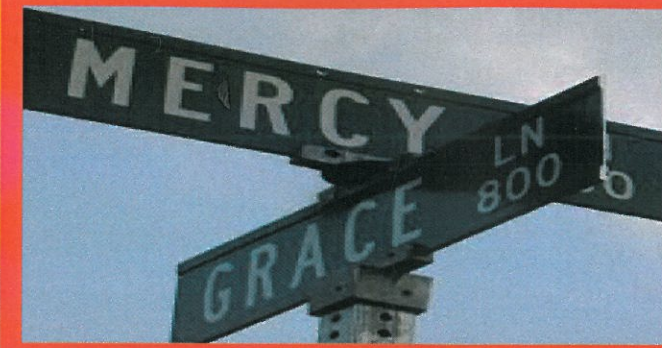
Melted remolded and delighted

Camillus our guide and always at our side

When road ahead is rough and going becomes tough

Camillus our pride, we shall never slide

helplessly in our ride



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Lord Jesus Christ you have taught us to be merciful like the heavenly father, and have told us that Whoever sees you sees him. Show us your face and we will be saved. Your loving gaze freed Zacchaeus and Mathew from being enslaved by money; the adulterous and Magdalene from seeking happiness only in created things; made Peter weep bitterly after his betrayal, and assured paradise to the repentant thief. Let us hear, as if addressed to each one of us, the words that you spoke to the samaritan woman:

"if you knew the gift of God!"

You are the visible face of the invisible father, of the God who manifests his power above all by forgiveness and mercy; let the church be your visible face in the world, its Lord risen and glorified. You willed that your ministers would also be clothed in weakness in order that they may feel compassion for those in ignorance and error: let everyone who approaches them feel sought after, loved, and forgiven by God.

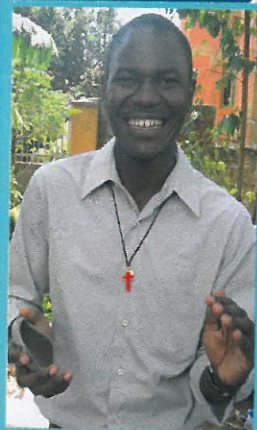
Send your Spirit and consecrate everyone of us with its anointing, so that the Jubilee of mercy may be a year of grace from the Lord, and your church, with renewed enthusiasm, may bring good news to the poor, proclaim Liberty to captives and the oppressed, and restore sight to the blind. We ask this of you, Lord Jesus, through the intercession of Mary, mother of mercy; you who live and reign with the Father and the Holy Spirit for ever and ever.

Amen

ORDER OF THE MINISTERS OF THE INFIRM

Jesus Christ is Calling You and the Poor Sick are Waiting for You

The poor and the sick are the heart of God in serving them, we serve Jesus Christ. (St. Camillus)



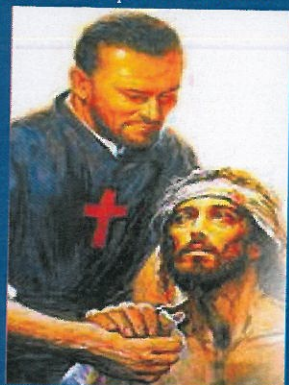
Editorial

The pages of this long awaited magazine glitters with articles from Camillian Priests, Brothers and Aspirants. It is artistically arranged in a way that it not only brings into your focus articles and reflections but also the Camillian

presence in Uganda and the whole world. As you discover the growth of this 'Small Plant' which was planted way back in the early 2000s, you will also be amazed by the numerous Camillian Provinces and Sister Congregations of St Camillus which have stood the taste of time in their service to the sick and the poor.

Not even the famous black plague could stop them as they now enjoy 400th Anniversary in the ministry. My special extension of gratitude goes to Mr. Paul, Br. Maate Jonours, Camillian Priests and Brothers, and above all our Beloved Fr. Superior Johnson Vellachira.

Batambuze Rodgers
Chief Editor

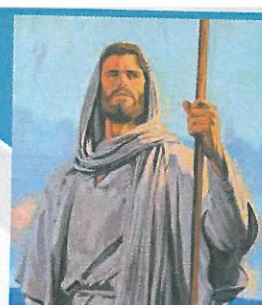


PRAYER TO ST CAMILLUS

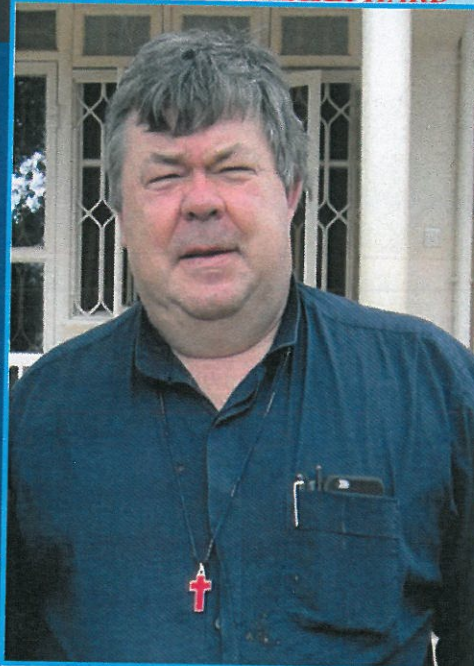
Glorious St. Camillus, who cared for the sick with the love of a mother, turn your heavenly gaze to all those who are suffering, intercede to God for them in their pain in body and soul; strengthen them in their solitude and dry their tears; give them strength for the journey and patience in waiting, grant them serene acceptance of each day and trust filled hope in the future. Like the man on Jesus' right on Calvary, may all the dying be comforted and all the souls in purgatory find eternal peace.

Grant that we and all who serve the sick, be inflamed with the same charity that burned in your heart, to love and serve the suffering neighbours even at the danger to our own lives; and to be found worthy to live a life of martyrdom in charity. Constantly intercede for us and for all Camillians that we may never fail to imitate the merciful love that Jesus Christ, the Good Samaritan of body and soul, has taught us.

Amen



THE CAMILLIAN SHEPHERD



GENERAL SUPERIOR

Dear Camillian confreres and students of the Ugandan Delegation, Health and peace in the Lord of our lives! I treasure in my heart good memories of Ugandan Camillian Delegation from the pastoral visit that I made early this year of 2016. For sure, the Camillian Charism will have a bright future in this Country called the "Pearl of Africa". I also heard you many times proudly proclaim the source of River Nile to be located in Uganda, one of the most important rivers of the World along with the Amazon River in South America (Brazil). Indeed, I saw this fantastic place at Lake Victoria.

You are still a very young Delegation, and already, only 16 years has passed since the first Camillians went to your country (Fr. Tom O'Connor and Fr. Tom Smith) to sow the seed of the Camillian Charism. We already can see some fruits, in terms of vocations. Young Ugandans looking for the Camillians, in order to become Camillians so as to minister in the Health Care field to the different people in Uganda. The Camillian Irish Province has been through all these years a good mother through its leaders in supporting and in taking care of you in all your needs. The publication of this Camillian magazine is a healthy symptom that you have in your heart of communicating human and Christian values, good news about the life of the Ugandan Delegation as well as spiritual reflections for the growth of this Delegation. Without communication, we cannot even think in communion or in fraternal life, which are so important in our daily-consecrated life as Camillians. I commend you all for this precious initiative. May God, through the intercession of our beloved Saint Camillus, keep you always happy with the gift of your lives and also with good health in order to serve the vulnerable ones mainly the sick with a samaritan compassion, putting always "the heart in your hands."

Fraternally Yours,

Fr. Leo Pessini

General Superior of the Camillians

Roma, July 22, 2016

MESSAGE FROM FR. PROVINCIAL

We are grateful to God who has guided us over the last few years in Uganda. Our mission is growing and we have seen visible signs of this growth. We have built a Seminary, at no mean cost, which was completed in time for the Feast of St Camillus last year. The year before in 2014, we had the opening of St Camillus Health Centre which now has a daily patient inflow.



If we can respond in an effective and compassionate manner to those who are suffering from malaria, HIV/AIDS, malnutrition and typhoid; then we are blessed that we can give such a ministry in the service of the Gospel.

Our donors have also supported consistently with prayer and financial assistance. We have received much practical help from Mr. Martin Sweeney and his colleagues of Heavy weight Air Express, Dr. Anita Bourke and Dr. John Bourke from Perth, Western Australia (WA). Dr. David Joyce from Perth, WA. Chris and Terri Dale from Perth, WA. Mr. Mike and Mary Noble from St. John XXIII Parish, Peshaw, North of England. The Catholic Women's League from the same parish. The People of Killucan and nearby areas of Westmeath and Meath. Dr. Liliias Lamont from South of England has given of her expertise most generously by staying with us on three occasions to offer her paediatric skills to our Health Centre patients. She has also offered her own practical skills. Dr. Lamont's friends held a concert recently to raise funds for our Health Centre.

The Province is truly grateful to Frs. Johnson, Richard and Jofree. They are all involved in the ministry of looking after our Seminarians, ministering to the sick and helping in the local parishes. We thank God also for the help of Fr. Augustine Thanniyil, a diocesan priest from India who is staying with us for two years. We also thank those who have been there before especially Fr. Tom O'Connor, Fr. Tom Smith, Fr. Shubin Joseph RIP.

Fr. Russell Jacob and Fr. Biju Elanjickal.

We also have theologians in Tanzania having had their novitiate in Kenya. We are truly grateful for this East African cooperation. We pray that our students in Kenya and Tanzania will feel that they are very much part of our Province. We will celebrate on the Feast of St. Camillus the profession of Peter and Bernard.

At the same time in Tanzania our students, Achileo, Joseph and Matia will renew their vows in the presence of our Camillian confreres in Tanzania. May God bless you all.

Fr. Stephen Foster MI

Provincial Superior.

MESSAGE FROM DELEGATE SUPERIOR

It is 16 years now since the first Camillians arrived in the 'Pearl of Africa'. In 2000, the Camillian Anglo-Irish Province decided to move an extra mile by opening a mission in Uganda. Since then, a lot has been happening with regard to the Camillian presence here in East Africa.



It has proven its commitment and love towards the poor sick by bringing the Camillian religious life and health ministry to Uganda. It has also gone ahead to promote and foster the local Camillian vocations to religious life and has contributed immensely in the field of HIV/AIDS by creating and facilitating pastoral care services to the sick.

We thank the first Camillian Missionaries to Uganda, Rev. Frs. Tom O'Connor and Tom Smith, who sowed the seed of the 'New School of Charity' in this Nation, which ensured a strong incubation and root of the Order. We also gratefully remember the late Fr. Shubin Joseph MI for his new vitality to the Mission. The mission along with the development of the health and pastoral care ministries today stands with the facility meant to accommodate the students in Orientation and Philosophy. The Camillian presence in the country is very much a need of the time. "The harvest is plenty but the laborers are few." Therefore, the need to have many more hands with hearts into them is being fulfilled in the many vocations that we receive. The future need of more trained formators and income generating projects for the sustenance of the mission are coming into the main focus to ensure a better and stable growth and spread of the Camillian Charism in Uganda. As I gaze into the future, the preset seems to be quite assuring that this 'little plant' will be a cause of opening new horizons of its healing ministry and pastoral care in Africa.

Fr. Johnson V. Vellachira MI

Delegate Superior.

THE LIFE OF ST. CAMILLUS

Camillus was born of a noble De Lellis family in Italy in 1550. His Mother died when he was still in his youth. Camillus grew up to be addicted to gambling and neglected his Christian duties and later joined the Army because his father who was an Army captain, was away from home most of the time. At the age of 25, he experienced a deep conversion and repented for his past sins. On the 2nd Feb, 1575, he decided to form a religious congregation whose members would dedicate themselves to the service of Christ in the person of the sick. Pope Sixtus V approved the new congregation in 1586 and permitted its members to wear a Red Cross on their Cassocks in order to remind the sick that Christ died on the cross for love of them and for all mankind.

Perfect charity towards God, towards the sick and towards one another; absolute fidelity to the church, to the Rules and to Poverty; unconditional confidence in the sick. (St. Camillus)

MY EXPERIENCES WITH THE PEARL OF AFRICA



"Uganda the Pearl of Africa"

It was Winston Churchill who termed Uganda as the "Pearl of Africa" in his book: 'My African Journey'.

It was not a tryst with destiny but a submission to the will of God. Uganda was not there in my wildest dreams ever but someone else dreamt for me and that was real and valuable. I would regard my short stint with the Ugandan mission as simply wonderful.

Certainly, there were few hiccups here and there but the end result was praiseworthy. Sincerely speaking, I was a bit hesitant to accept the assignment to Uganda partly because I hardly knew anything about the place I was heading to. Furthermore, I had a feeling that I was too young to be an overseas Missionary. Well, when all is said and done, I fell in love with the place on the word go. What amazed me initially were the exotic locations coupled with serene landscapes and striking water visuals. As days flew by, things began falling into place.

I was placed in the Formation House to assist the students there, I also assisted in a mobile clinic program run by a religious nun.

It was indeed an experience because I could observe the dismal and pitiable state of the locals and how much they needed our assistance. Being with the students helped me to realise how

important it was to be present with them. We are living in an age where people look for role models and I presented myself as one in all the levels.

I could fill the bill to some extent in my own little ways.

It is not to emphasize my perfect disposition as a role model but to say that I saw this as an opportunity to do away with my own imperfections, thus; becoming a worthy instrument of God.

I was also confronted by the reality of the art of patience that Christians possess. You find them attending

church services for the whole day without any complaint. One would wonder how they

manage to be focused even when the speaker goes crazy and wild almost in every

occasion. Whenever I hit up on an opportunity to meet the

people and mix with them, I was struck by yet their openness and generosity.

It took me by storm to see their faith aspect which was another creditable source of

inspiration for me personally. One of the commendable

parts of their faith is that of offertory. The baskets were always full from their

nothingness. You may find one with serious financial crisis or

family issues, but one receives you with broad smiles.

I would say that they have developed a stoic attitude to the complexities of life which is rather uncommon today.

One of the interesting things about them is the fact that they really take their time to greet before

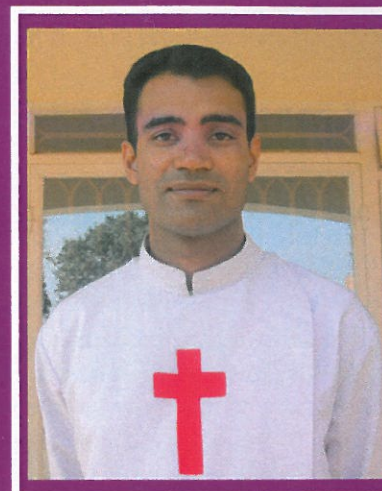
surrendering to their respective businesses. I also encountered a number of learning

curves and some of them are rather challenging. This priceless pearl

has taught me the fact that, "what you can't change in life, you have to endure. This precious pearl has broadened my vision, widened my understanding and strengthened my values.



All in all, it was an engagement of encounter out there. Finally, let me extend my sincere gratitude above all to God who is the bed rock of all my endeavours, the former provincial and his team for entrusting me with the responsibility of a faraway mission. I also gratefully remember the Irish provincial and the other confreres in Uganda for their support and encouragement. Thanks once again and God bless.....!!!**Fr. Jacob Russell MI**



St. Camillus: An Instrument of God's Mercy

The Holy See Pope Francis on March 13th, 2016 announced the Extraordinary Jubilee where each diocese was asked to open a door. Through this door, the faithful may enter as a symbol,

"entering into the house of the Father to get His mercy and love." The Holy Father accompanied this by the words; "the holy year in itself is a gift of grace." To pass through the Holy Door means to rediscover the infinite mercy of the Father who welcomes each and everyone and He goes out personally to encounter each of them. During his pastoral visit to Africa, the pontiff was mainly concerned about mercy, reconciliation, tolerance and compassion. Pope Francis has tried to live up to the expectations of these themes he professes. A man who not only associates with the lowly, poor, sick, sinners, prisoners but also migrants.

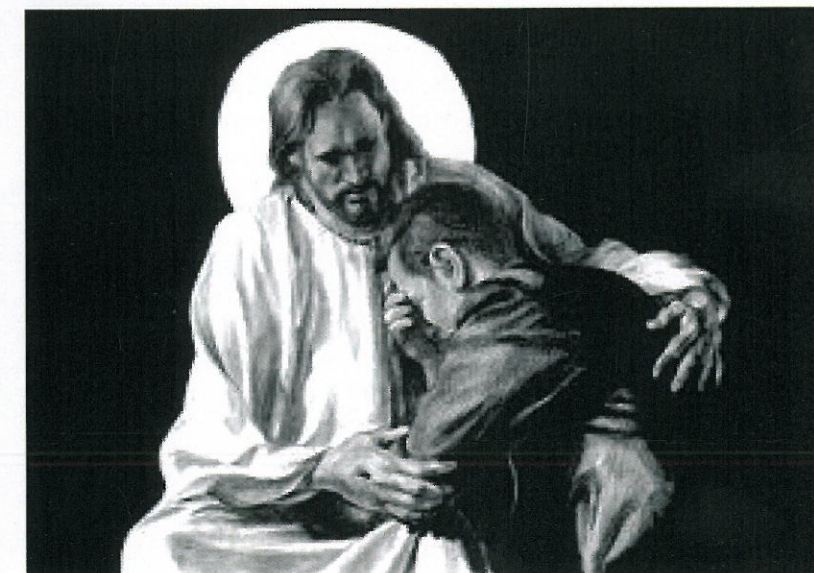
In other words, with people who don't count in this World. The first beneficiaries of the extraordinary jubilee are the people at the periphery of the social order.

In the like manner, St. Camillus de Lellis the Patron Saint of the sick, hospitals and Health Care workers, reminds us of God's Mercy. For him, mercy is the highest expression of God's love. After coming to terms with his own human weaknesses, he understood God's mercy and strove towards eliminating his sinful tendencies through prayer, penance and righteous living. Besides making himself holy, he also made great effort throughout his life and ministry to become an example of God's Mercy and in so doing inspired many Camillian religious worldwide. The virtue of mercy and compassion made St. Camillus to reach out to the sick and the dying who

underwent problems similar to his own. The sick were undoubtedly being badly neglected in his time, therefore: the first beneficiaries are the sick, dying and the like. The sight of sick moved his heart and in giving his care and love to them, he also received great love and mercy from the Lord. In sincere gratitude he exclaimed, "God's mercy is infinite, and all my hope lies there...O Lord! Your divine blood can save me." By working among the vulnerable, he calls for the exercise of mercy and compassion. The virtue that inspired St. Camillus to begin his new ministry among sick and the dying also moved him to formulate Health Care principles centered on mercy and compassion.

Today, his merciful heart has become a home for thousands of sick and the dying who benefit from the physical, pastoral and spiritual care activities of the Camillians. (Ministers of the Infirm)

Urging all to be merciful as our heavenly Father, our founder St. Camillus practiced God's mercy to the people who were at the fringe of the society. As members of the Camillian family, we are invited to have this twined quality of compassion and mercy so as to become authentic Health Care personnel who show the 'authentic signs of the Father's mercy.'**FR. JOFEE NAKUZIKATTU MI**



A FAITHFUL FATHER

On December, 1988, an earth quark devastated a section of Armenia. Many buildings collapsed. A father ran to his son's school and found it as flat as a pancake. He recalled the promise he had made to his son many times: "No matter what, I will always be there for you!" He recalled where his son's classroom was and started digging through the rubble with his bare hands. Some people tried to stop him. "It's too late! They are dead!" or "Go home!" But he proceeded to dig stone by stone. Even the fire chief and later the police tried to dissuade him but the loving father answered them all in the same way: "You can help me or leave me, giving up on my son is not an option." No one helped him. He dug for 35 hours and then on 36 hour he pulled out a boulder and shouted his son's name, "Armnad!" He heard his son's voice. "Dad!, I told them! I told the other kids not to worry. I told them if you were alive, you would save me and they would be saved as well. You promised you will always be there for me." Moments later, the fire brigade and the soldiers helped this dad to bring his son and 30 other children out of the debris. God is a father who never gives up. He always fulfills every promise He makes.

Furthermore I affirm that we should never give spiritual assistance only, without at the same time taking into our apostolate the physical well-being of our neighbor, in conformity with the decrees of the second Pontifical Bull. The Testament of our holy founder, St. Camillus.

The Past with Gratitude. When St. Camillus penned down these words in Rome, on the 10th July 1614, none of us in Uganda was yet born, and yet when the 6th April 2014, St. Camillus Health Centre opened its doors to sick in Kimaka B as its commonly known, these were the words that kept ringing in my mind when I saw the sick from all different walks of life and religious denominations come in to seek healing not only of physical but spiritual as well.

The Present with Passion

Today, we celebrate two years since the inception of this Camillian service, and when you look at the fact that over 8000 people have sought our services, we can only be reminded by the words of Christ to St. Camillus:

"Courage faint hearted one, continue the work you have begun as it is my work not yours."

That is why as we continue carrying out this beautiful commandment of Christ himself when he commissions us to go out and heal the sick and cure all kinds of sickness, I am encouraged by the words of Fr. Frank Monks, MI when he states in the title of his book: *St. Camillus 400 Years on and Still Relevant*. Camillus in encouraging us stresses the fact that; in practice always distinguished between "illness" and "disease" in caring for the sick. "Disease" being the structural disorder in an organ or tissue that gives rise to ill health, while "illness" on the other hand is the individual experience of ill health, his or her experience of dealing with that structural disorder. That is why as Camillians, we treat each patient as an individual. Cicely Saunders, one of the great pioneers of hospice care, speaks of "Total pain – Total care".

All this work as the fruit of the continued handiwork and support of the Anglo-Irish Province, which despite its limitedness in manpower has continued extending its love and service to the people of this young and yet promising mission in Uganda. I salute the two Fr. Toms, who willingly gave their hearts for the people of Uganda, especially the sick at the time when the HIV/AIDS scourge was very rampant.

The Future with Hope

As the number continue swelling every other day, we cannot fail to notice the disappointment of pregnant mothers who come to our facility with total pain and leave with total care, being referred in the later stage of their pregnancy to seek maternal services elsewhere. We are looking at a future where mothers are fully catered for right from that time of their first visit until the time when the baby is born and ready to enjoy full health. That is why our immediate concern for the future is to start up a maternity unit however small it will be, one which will give total care to pregnant mothers.

That is why the words of Pope Francis in this year of Mercy have really inspired me in sharing this simple story of St. Camillus Health Centre. We are all called to embrace his words as we face the momentous decisions regarding our future.

We should be grateful for the past, we should also live the present with passion and to embrace the future with hope, remembering that it's not our work but the Lord's in which we are called to fulfill. When all is done, we should be humble enough to admit that, we were just mere servants. I cannot fail to appreciate the entire Camillian family, the dedicated staff of the Health Centre and our dear friends both here and far especially Dr. Liliass who has always dedicated her time to offer valuable services to the sick especially the little children.

Fr. Richard Lubaale MI

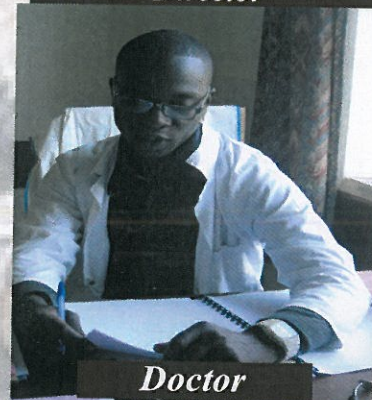
ADMINISTRATION AND STAFF



Fr. Richard Lubaale MI
Director



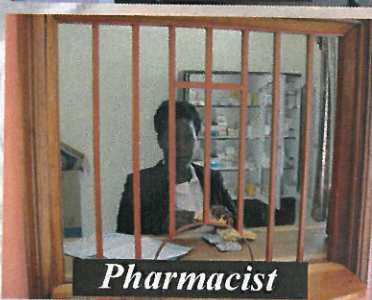
Dr. Liliass
Consultant



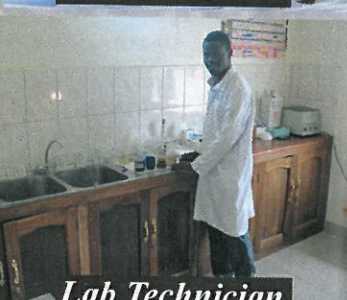
Doctor



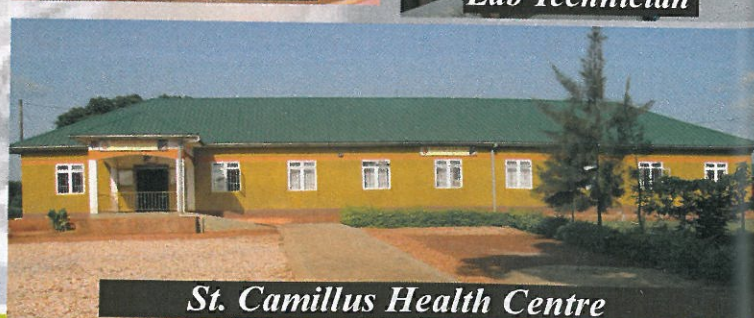
Nurse



Pharmacist

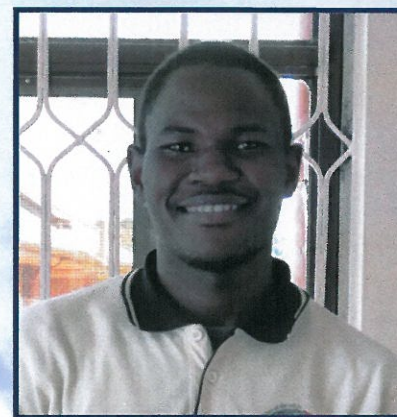


Lab Technician



St. Camillus Health Centre

The Complexity of Human Life and Existence



In his critique of Practical Reason, Kant tells us that two things fill him with wonder and these are the starry sky above him and the moral law within him. Man has within himself a richer source of reflection than the world around him. The briefness of human life, his superiority over the rest of nature, his power and weaknesses, his joys and sorrows, his success and failures, his experience of suffering, misery, disease and death have led to deep reflection all over the world.

The phenomenon of human suffering is something that dreads everyone irrespective of age or belief. No matter the one involved a victim or witness, it is equally traumatizing. Just meditate upon the mystery of the famous Christian devotion, 'Way of the Cross,' and look at the way Mary suffered as she witnessed her own dear son being subjected to inhumane treatment. She experienced trauma just by watching. Taking upon Himself the yoke of human sins in order to redeem mankind is yet another puzzling question even to the Christians themselves. "Was there no other way?" they ask, "other than the suffering and the subsequent death." Perhaps Jesus knew it all, he knew that the evil one understood the scriptures, professed the name of God, and prayed as well. But the only weapon that took the evil one by storm was the weapon of suffering and death, death on the cross.

Seeing Jesus hanging on the cross, Satan took a big sigh of relief with belief that he had won and that the cross was his trophy. But the radiant light during the resurrection proved him wrong. Jesus had shot two birds with a stone. He had defeated both and death in a space of only three days. In the book 'Piccolo Buddha', (the little Buddha), Buddha's philosophy arose especially from his reflection on human suffering. Why suffering and old age? How can death be overcome? These were the driving forces behind his philosophy. Reflecting on these phenomenon of human existence gives rise to some indispensable questions about the nature of Human Being. What kind of being is man? In the early 90's, there arose an undisputed boxing champion, the famous Mohammed Ali, 'fly like a butterfly and sting like a bee,' he ruled the ring until there was virtually no match for him. He challenged the whole world by punching the air but he is now a deceased. This is how complex human life can be, so great and yet so miserable. Today, man is so great and powerful, tomorrow he is gone and that is the end of him. Man has a natural yearning for continued existence. Thomas Hobbes, an English philosopher, in his work the Leviathan argues that the strongest instinct of man is that of self preservation. In the state of nature, he will do anything to ensure his safety. How many people today go for face surgeries to conquer old age? How many have killed in the name of self defense?

Man's wish is to continue living, yet his life span is so brief and often terminated contrary to his deepest desire and all his efforts to resist this imposed termination are futile.

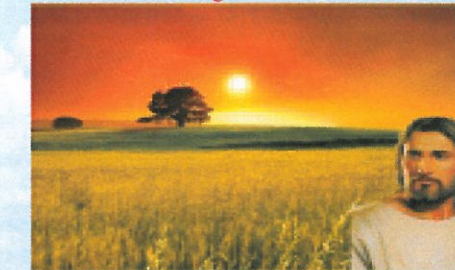
Man has a very strong natural desire to know, he is by nature curious. Yet his knowledge is so limited that he does not even know himself. He does not know why he exists and he has no ultimate answers to the basic questions about himself. Man still struggles with the basic fundamental questions of who am I? Why I am here and where exactly am I going? These are very challenging questions. There are number

of theories trying to explain the origin of man and more are still coming. The sad news is, scientists are more concerned with discovering new theories about the existence of man than trying to explain the already existing ones. Some people believe in the theory of creation, evolution, spontaneous generation and others still in the theory of chance to find meaning in the existence of man. Are these theories contrary or complement each other? Man is only aware of few planets in his own solar system that orbits around the Sun. But what shocks is the fact that there are hundreds of thousands of other planets that orbit around thousands of Suns which are not of man's solar system. Whichever the case, what is clear is that there is untold order and the one behind such an order and organization seems to be very intelligent. The one who can have such intelligence is by all means Omnipotent and Omniscient who by no means is only God.

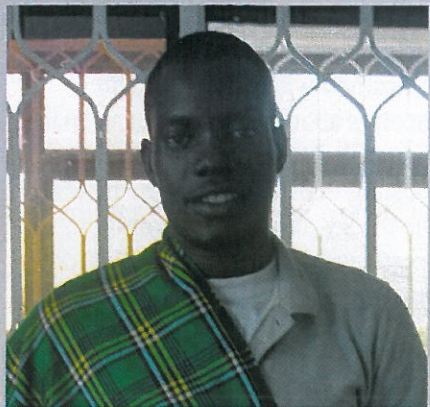
Man did not choose to come into this world, he simply found himself in it without knowing why. Sooner or later, he will be forced out of it. Like everything in this World, man simply appears in it and eventually disappears from it. In the womb, fetus is in the safest of all places until the 9th month when it is thrust into this hostile environment where it is bombarded with series of unbearable stimuli. Here, it is invited to adjust accordingly. It is then taken through religious initiation rites and rituals to keep it in touch with a reality which is transcendent and yet immanent.

What a Chimera man is?! Exclaimed a philosopher called Pascal.

Batambuze Rodgers Year III



The Joy of Serving the Sick and the Poor



I am glad to share with you the joy of Camillians, the joy of serving the sick and the poor. The sick are the heart of God and the apple of eyes. Whatever you do to the sick; you do it unto God himself who is not indifferent to suffering.

It is our role as servants of the Lord to serve, console, and minister to the sick without distinction of persons because all carry God's dignity. The purpose of religious commitment just like any Christian is the love of God which is verified in love of humanity without sidelining the sick and the poor. Love tends towards union. Jesus in his prayer to the Father during and after the last supper argued his apostles to be ONE just as He is one with the Father. He who loves God lives united with Him in the service of the least in this World.

For Jesus said, "Anyone who loves me will be true to my word, and my Father will love him. We will come to him and make our dwelling place within him."

(John 14:23) Let us therefore wake up from our comfort zones as Pope Francis would say and Prioritize humanity and become sensitive to the needs of the suffering. More especially the sick and the poor so that the world may

come to see and welcome Christ who empowers us to do the will of the Father. Sickness is an issue that intrudes into every one's life. Imagine your very own beloved one in the sick bed. How would you feel? The Lord never passed by the sick people but rather chose to come closer to them.

He always set healing first and it took priority over the law and later sent His disciples to accomplish the work He had started.

Pope Francis calls this power the ability to be close to the sick and to care for them to the end. It is our duty as Christ's own to help the sick, console them and give them hope by journeying with them in their suffering. The service to the sick is according to the teaching of Christ whose mission, we partake today.

A mission that uplifts humanity with the example of His Holy life of love towards those in dire need of help. "Preach the gospel and heal the sick."

Just like St. Camillus who considered the sickman's bed as the altar in which Christ offered himself for the love of humanity and the sick person as Christ himself suffering, let us see Christ in the sick person with the eyes of faith and for the love of He who created us. Following the example of the Good Samaritan, let us become martyrs of charity as Mother Theresa would say, "Put love in whatever you do and give generously without getting tired."

May God put more hearts into those hands as you enjoy serving the sick and the poor

Okello Isaac Year II

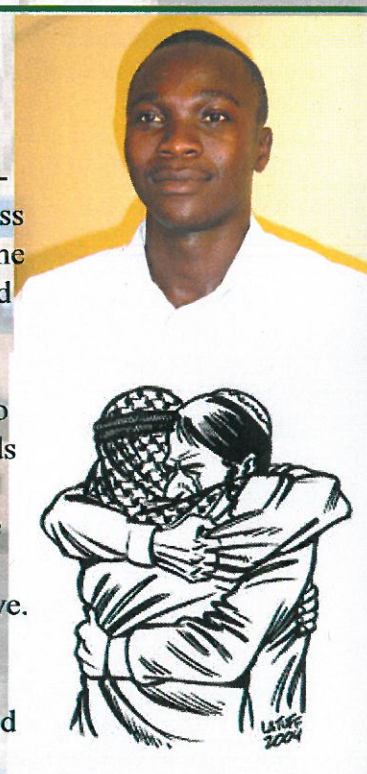
The Power of Forgiveness

Forgiveness is among one of the present day challenges that people are facing. Why should one learn to forgive? It is simply because forgiveness brings peace of mind, power and happiness in one's life. The Holy Scriptures tell us the same idea of forgiveness. God himself also reconciled us to Himself through the person of our Lord Jesus Christ because of the love that He has on us His children. We are brothers and sisters who are called upon to be sensitive towards the needs of others in the same manner, we are invited to be responsible over the others. This can only be achieved through forgiveness. In the Bible, God gives us two reasons why we should forgive. To forgive others is a command from God.

In the letter to the Romans (Rom 5:10) it says,

"If we were enemies, we were reconciled to God through the death of His Son Jesus. If God

the Creator can forgive, why not us his creatures?" Those who do not forgive, show that they themselves are not forgiven because a true generous heart is a forgiving heart. In the gospel of Mathew (Mt 6:14-15) It says, 'If you forgive others their sins, your Heavenly Father will forgive you, but if you do not forgive others, neither will your Father forgive you your sins.' Why not forgive then? Worst of all, when we disobey God's Command, like the



command to forgive, we sin against Him. When we refuse to forgive a person, we sin against that person but also against God. Our sin against God is infinitely egregious than anything another person can do to us. Here is another inspiring example of forgiveness from the gospel of St. Mathew (Mt. 18:21-22) Peter asked Jesus how many times must he forgive and Jesus told him to forgive seventy-seven times.

This means that we should forgive up to infinity because Jesus puts no limit for forgiveness. The parable of the unforgiving servant sheds more light on our theme. The gospel of Mathew (Mt. 18:23-35), A servant had been forgiven a massive debt and then he adamantly refuses to forgive the debt of another servant who owed him. Symbolic of the sin we owe to God is the debt. If the Father has forgiven us our sins, why shouldn't we forgive others? Remember, we are responsible for others.

Wamboza Wilbrod, Year II

WHAT ARE YOU LOOKING FOR?

In the course of one's life, one is bombarded with series of questions. Some of these questions are easy while others are pretty tough. One of the most difficult questions I have encountered in my life is the question of pursuit. What am I in search of? What am I looking for? These questions are rather plain and straight forward. But to analyse its gist critically calls for a lot of energy. "Jonours, " called a deep voice. "What are you looking for?"

It was the first question I encountered in my "Come and See Programme" with the Camillians. This question rattled me up and kept me on the ledge.

How can I be asked what I am looking for by joining religious life? I felt completely flattered. This is the same question I have met from various people and yet greeted by different answers. With time, I discovered that it is a Biblical question also used by Jesus himself. In the gospel of John (Jn. 1:38), the disciples were perplexed when the very person who had called them wanted to know what they were looking for. They answered him wrongly because

of their determination to follow him "Master, where do you live?" was their reply to the unseemingly an easy question. Jesus then welcomed them "Come and See"

(Jn. 1:38). They followed him until they saw where he lived and spent some time with him. The experience the disciples had is no different from mine.

I wish to know where my Lord lives in order to develop an intimate relationship with him.

Accepting to 'come' is honouring the Lord's invitation to

spend time with Him. Accepting to 'see' is to focus on only Him by surrendering all that may act as blockades. To 'come' and to 'see' are two important steps towards discernment. Let us value 'come and see' and be open, accepting invitation, spend a little time with the Master and to welcome God's will in our lives.

In spite of the fact that John and his friends were the bread winners for their respective families through their fishing career, they willingly accepted to quit for the sake of following the Lord. They might have received a great deal of criticisms from their family members; they never turned back but rather decided to venture into the unknown with the eyes of faith.

This was really risky because this business earned them no penny. This was their personal decision. Let us take these disciples as examples in our discernment journey. Jesus still has a question for you and me "What are you looking for?" Are you willing to be open, accept his invitation to come and see where he lives? **Maate Jonours Tsongo**



THE THREE LITTLE SHIELDS OF JESUS

In the summer of 1921, three boys discovered Red Army soldiers breaking into the church of Petrograd, near Finland. They resolved to shield Jesus and entered the church. When the soldiers threatened to shoot, they replied that they would not suffer their dear Jesus to be insulted. The two boys were killed. The third boy blocked the altar steps with his body and was brutally beaten.

Before he died though, he managed to tell the people of the village what had happened; Jesus had appeared on the altar steps and blessed the two dead boys. The soldiers screamed that the church was haunted and fled. The third boy died radiant saying, "We have shielded Jesus." My Mother, may I learn from you to shield Jesus in the Eucharist.

THE RESILIENT PATIENT

A nurse came to tell the hospital chaplain of a dying patient who didn't want to see a priest or have anything to do with the sacraments. Without hesitation, the priest said he wanted to see him and so the nurse escorted him to the room. As soon as the patient saw the priest coming, he shouted at him to go away. But the priest calmly went in leaving the nurse at the corridor. After 10 minutes, the priest came out with a broad smile and asked the nurse to go in. She found the patient smiling with eyes full of tears, calm and muttering, "Thank you God, Thank you God!" As the nurse accompanied the priest to the lift, she asked, "How did you do it?" As always the priest replied, I asked the Holy Spirit to speak with my lips. "But father," the astonished nurse, "insisted it has been just ten minutes!" "Yes of course it was ten minutes for me," answered the priest, "but the Holy Spirit has been working in his soul for 69 years."

We Have One God, One Enemy

One day as I reflected, I found out that it was wrong for me to call anybody "my enemy". Yes of course people may hurt us, annoy us, and try to harm us in both word and action without shame. This is true but do we deserve to call such people our enemies? And who is my real enemy? Surprisingly after a moment or two of deep personal reflection, I tried to respond to this question. Before the analysis, I might have made a mistake to see some people as my enemies even after Jesus commanded us to love and do well to those who do wrong to us. The whole idea started with the fact that "we have only one God," and as I progressed through prayer, I could see that it's also possible to assert that "we have one enemy the devil whom we have to hate. This devil for me is my sins, my selfishness, my pride and other negative tendencies I am oriented towards. I realized that these were the only things I needed to hate to advance towards God's command. "Love one another as I have loved you." Before, as I prayed, only my previous sins and imperfections could assail me. Gradually, I realized that God was showing me my imperfections in order to heal me. I saw the need of sincere repentance because I could not see myself worthy to be before God. I was determined to hate all the wrongs that I had done in order to claim my position as a son of God. You may agree with me that there are so many occasions in our lives when we tried to ladden our burdens on others by calling them our enemies: seeing them as people who do not want us to prosper but do we always ask ourselves whether we are living saints or angels. The only answer here is NO! Then why can't we aim at perfecting ourselves such that we can perhaps be instruments guiding others in the way of perfection. Why should we spend most of our time discussing how bad some people are and not how bad we ourselves are? It's true as I learnt in YCS that change begins with me. I can change others attitudes and behavior only after I have changed mine. Even saints had some difficulties but their cooperation to God's grace helped them to overcome such situations. Oh, my beloved brethren, its high time we reconsidered our sins as our worst enemies; but not a brother or a sister whom God willed to create in His image and likeness. Its not that the other is bad but in most cases, it's me who is actually the bad person. But we fail to admit this for the fear of condemning our selves, so we condemn others in the due process. Understanding is a gift of the Holy Spirit. So let's ask Him to help us in our journey to love and serve the only Lord and hate that which He himself hates-sin remembering the fact that Jesus became human like us but had no stain of sin as St. Paul puts it.

Br. Peter Owakubariho.



Rev. Fr. Leociri Pessini MI
General Superior



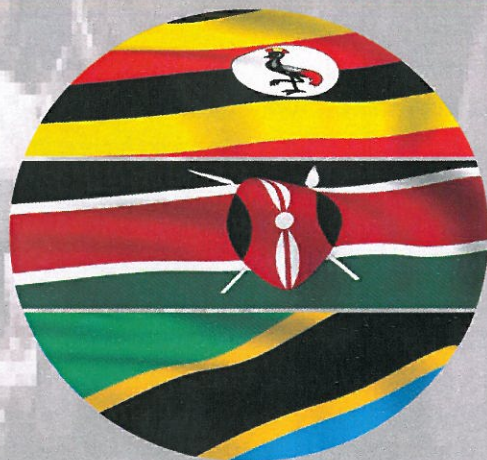
Rev. Fr. Steven Foster MI
Provincial Superior



Rev. Fr. Jacob Russell MI



Rev. Fr. Richard Lubaale
Vacations Director



Sacrifice in the Vocation

The vocation to Priestly and religious life is born of sacrifice and can only be maintained through sacrifice of those whom God calls to service. Contemplating on the life of Jesus, it was through sacrifice that he was able to redeem the world. Through such an exceptional act, we are also invited to make sacrifices because, 'No servant is greater than his Master.' The more one strengthens his vocation in the service of Christ, the more demanding will be the sacrifices required of him.

"Whoever wishes to come on my way should renounce himself, pick up his cross and then follow me.

"Christ is our perfect model of sacrifice, He embraced His cross with full conviction that something great was behind that insignificant suffering. He has shown us that suffering without love is absolutely demeaning but suffering with love can become a saving sacrifice. St. Camillus once said that even if his own religious brother performed a miracle without love, that miracle is invalid. Therefore, we should wear love above all else that is as we strive to give back to God for the love He has shown us through the pages of history. Incarnation is one of the greatest sacrifices that God made for humanity; we can also love God in return through loving humanity in concrete response to real life problems in human life. St. Camillus, Mother Theresa, and Pope Francis all present us with beautiful examples on how to do it and doing it the right way. We are humbly invited to imitate their sacrifice for humanity. Having experienced the love and mercy of God especially in his past prodigal life, St. Camillus was able to dedicate himself to service of Christ in the person of the sick; he recognized the face of Christ in the sick. For us in formation, we should learn to let go of some things and allow ourselves to be prepared for this specific mission. To achieve this dream, we should not focus on the personality of the formater, his race, ethnicity or his spiritual health. Our focus should be on the heart he puts in his responsibility of preparing us for the future mission. A mature person is the one who is able to grow amid challenges and is aware of the conflicts in himself and has the ability to work against them. Let us grow together into a more Christ like personality in the spirit of sacrifice.

Br. Tusabe Benard MI



Rev. Fr. Johnson Vellachira MI
Delegate Superior



Rev. Fr. Jofree Nakuzikattu MI
Assistant Rector



Rev. Fr. Augustine Thanniyil
Spiritual Director

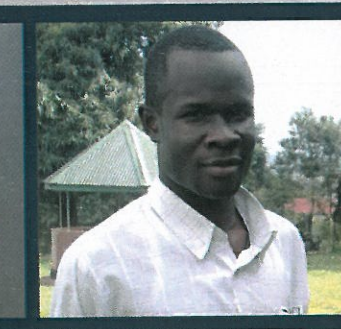


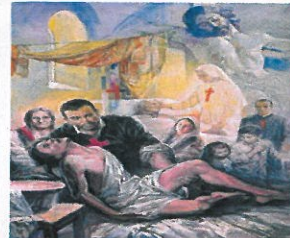
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Africa

THE LAND OF HONEY & MILK

Africa is the second largest continent after Asia and having the second largest population after Asia. About one billion people live in Africa which makes up about 15% of the world's population. There are currently 54 countries on the continent including island countries and the Western Sahara. The number of countries sometimes changes because many of the countries were made by the colonial powers. Colonial powers are countries that made colonies in Africa when it was being discovered by the outsiders. There are about 2000 different languages spoken in Africa most of which belong to one of the four large language groups. The four large language groups are Afro-Asiatic, Nilo-Saharan, Niger-Congo, and the Khoisan languages.

People also speak non-African languages in Africa. About 20% of the population speaks Arabic, mostly in Northern Africa. About 10% speak Swahili, mostly in Southeastern Africa. About 10% speak Hausa, mostly in the Western Africa. Many people also speak English, French and the Portuguese. One African country, Nigeria, has 250 different languages. There are many different tribes and cultures in Africa. For example, there are the Ashanti people. They live in Ghana. They are famous for their beautiful Kente cloth which may be in different colours and are worn for important events. There are also the Madinka people. They live in West Africa mostly in Senegal, Gambia, and Guinea-Bissau and others live in Burkina Faso, Mali, and Cote d'Ivoire. The Madinka people are famous for their music. Most of the scientists think that the first humans came from Africa. The first written information in Africa comes from Egypt at around 3300 B.C. Egypt is one of the oldest African civilization. At that time, Egypt traded with the Phoenicia, which is now Lebanon and includes parts of Israel, Palestine, and Syria. Egypt was discovered by the ancient Greeks who were the first Europeans to come to Africa. In the late 1800s, the European countries came to Africa. France, British, Britain, Portugal, Germany, Belgium, Spain, Italy, and Algeria made colonies in Africa. By making colonies, they controlled the government there. This enabled them to send many raw materials home to their countries.

Many African countries became free after the Second World War. Some countries became free in a peaceful way whereas some others had to fight to obtain freedom. The time after the colonial rule is referred to as post colonial period. The post colonial Africa has had big problems.

After the departure of the colonial powers, there came problems with the governments. Between the 1960 and 1980, there were 70 coups. A coup is the overthrow of a government. There were 13 presidential assassinations. That means 13 African presidents were murdered. In the 1970s, there was a huge famine in Ethiopia. A famine is a time of little or no food. Hundreds of thousands of people died of starvation. There has been series of wars for example conflict in Darfur, Sudan, and many people have died. HIV/AIDS disease has also caused suffering and death in the post colonial Africa. Africa has many natural resources. There are eight oil exporting countries in Sub-Saharan region. They are Nigeria, Angola, Congo Brazzaville, Gabon, Equatorial Guinea, Cameroon, Chad, the Democratic Republic of Congo and Sudan. Africa has about 7% of the world's oil reserves. South Africa is the largest gold producer in the world and Ghana, Mali, Sierra Leone, Tanzania, Rwanda and the DRC also have a lot of Gold.

The DRC has copper and cobalt. The DRC produces 22% of the world's diamond every year. Botswana, Gabon, Liberia, and South Africa also have a lot of diamond. Mozambique, Equatorial Guinea, Chad and Liberia all have a lot of timber. The business in gas, oil, diamond, timber and tourism is very promising in Africa. People visit Africa because of the beautiful landscape.

There are many animals in Africa. Many tourists visit Kruger Park in South Africa which has about 517 different species of birds and 147 species of mammals. The Park even has webcams to allow people watch the animals using their computers. Some tourists go on safari in Africa. The word safari is a Swahili word



meaning travel. It is a trip where people can watch and take pictures of the animals. Sometimes it is a hunting trip. Most of these modern safaris are trips to look at animals. Sometimes they use air balloon.

This way, people can watch the animals from a safe distance. Soccer is the most popular sport in Africa. The confederations of African football (CAF) are the organization in charge of football. The first members of the organization were Egypt, Sudan Ethiopia, and South Africa. The CAF is the biggest of the six continental soccer associations around the globe. The African Cup of Nations is the main contest for men's national soccer teams in Africa.

The continent of Africa is rich with resources, people and their culture, unfortunately this has contributed to its chaotic history. Africa is currently working to improve on her education and jobs. Many organizations are working together to build schools, hospitals and industry, to improve on the future of the African countries.

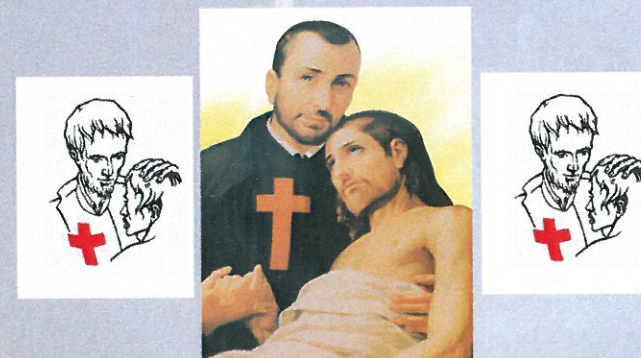
The Camillians in the World Today

The extended Camillian family is presented in the following countries worldwide for an efficient administration and reach out. They have been classified into different provinces throughout the world in Europe: Albania, Armenia, Austria, France, George, Germany, English, Ireland, Italy, Holland, Poland, Serbia, Slovakia, Spain, Ukraine, and Hungary. Asia: Philippines, India, Lans, Taiwan, Thailand and Vietnam. Africa: Benin, Burkina Faso, Ivory Coast, Madagascar, Tanzania, Togo, Central African Republic and Uganda. America: Argentina, Bolivia, Brazil, Canada, Chile, Colombia, Equador, Haiti, Mexico, Peru, USA and Uruguay. Oceania: Australia. Each of these countries is under the leadership of a particular province among which include, The Province of Sicily and Naples, The Province of Lombardo and Veneto, The French Province, The German Province, The Anglo Irish Province, The Austrian Province, The Brazilian Province, The Filipino Province, The North America Camillian Province, The Roman Province, The Piedmont Province, The Spanish Province and the newly born Indian Province. All these provinces for the last 400 years have dedicated themselves to the service of the poor and the sick using the lenses of St Camillus. Last but not least, Camillians Uganda as part of this world is a humble mission under the Anglo- Irish Province with a broad smile of 16 years in service. Camillians in the World today)

Where did 'The Little Plant' of St. Camillus take root?

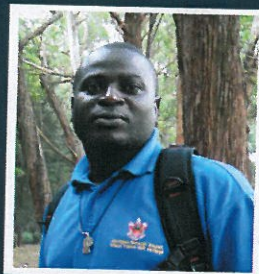
Vocations were not a problem in the early years of the Camillian history as young people were drawn to this very charismatic figure. Foundation quickly sprang up in Naples, Milan, Genoa, Sicily, Camillus' home town of Bucchianico, Hungary and Spain. Conversely, our diffusion was slowed down by one of the most glorious chapters in our history. Camillians have always taken a fourth vow, "To care for the sick even in the danger to their lives." In the first fifty years of the Order over three hundred and fifty young men gave their lives in the plagues that swept across Europe. These plagues devastated the cities and all the great ships and ports of the day. These are honoured annually as the Camillian Martyrs of Charity. However, "this little plant" continued to grow and the Camillians are presently ministering in forty five different countries on all continents. There are also three categories of the camillian sisters who carry out incredible work in the various parts of the world. The one hundred hands that Camillus dreamed of having so as to care for more sick people is in part realized by three secular institutes who have adopted Camillus as their inspiration.

Camillians were among the first to attempt to care for the injured on the battle fields. Henri Dunant was horrified at what he witnessed on the battle of Solferino in 1859, and this resulted in his International Red Cross. There were camillian ambulances on that battle field with the Red Cross emblazoned on their side. In the 1586, Camillus had requested and received permission from Pope Sixtus V to use the Red Cross on his habit and that of his followers, as a symbol for caring for the sick and the vulnerable. This Cross was to remind the sick that Christ died on the cross for the love of them and all mankind. (Frank Monks MI)





Where there is Humility, there is Wisdom



Quia respexit humilitatem ancillae suae. 'He has looked graciously upon the lowliness of his handmaid.' I am more convinced that authentic humility is the supernatural basis for all virtues! Let us talk to Our Lady, so that she may train us to walk along that path of authentic humility. If we turn to the Sacred Scriptures, we see that humility is absolutely necessary especially if we are to adhere and listen to God. 'Where there is humility, there is wisdom', says the book of Proverbs. Humility means looking at ourselves as we really are, honestly and without excuse. When we realise that we are worth nothing, we can then open ourselves to God's greatness: it is there that our greatness lies.

How well Our Lady, Jesus' Holy Mother, understood this! The most exalted of all God's creatures, earned this simply through humility. There is no doubt that she is the only one who existed or ever will exist upon this earth with such greatness. Mary glorifies the power of Our Lord, who has put down the mighty from their thrones and has exalted the lowly. And she sings of how His divine providence has once again been fulfilled in her:

As the magnificence goes, "Because he has regarded the lowliness of His handmaid, behold henceforth all generations shall call me blessed." Mary becomes transformed in holiness in the depth of her most Pure Heart on seeing the humility of God: 'the Holy Spirit shall come upon you, and the power of the Most High shall overshadow you; and therefore the Holy One to be born of you shall be called the Son of God'. The Blessed Virgin's humility is a consequence of that unfathomable depth of grace which comes into operation with the Incarnation of the Second Person of the Blessed Trinity in the womb of his ever Immaculate Mother.

Br. Ssentongo George OD

The Camillian Religious Sisters

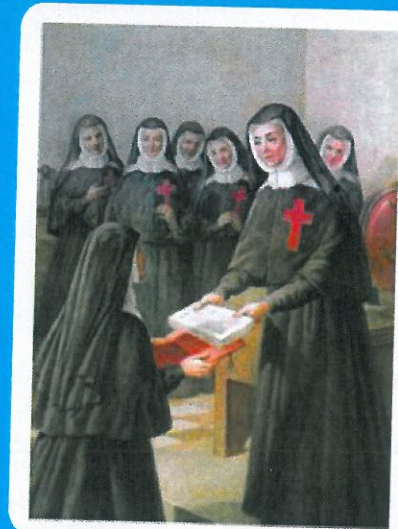


The Daughters of St. Camillus

It was founded on 2nd February 1882 in Rome, by Blessed Luigi Tezza MI and Blessed Mother Josephine Vannini. It is an international congregation having its Generalate in Grottaferrata, Rome, Italy. It was unfinished dream of St. Camillus to begin a female Congregation because in those days the Nuns were not allowed to go out for their Apostolic activities. And so, the members of the Camillian Order, who were brought up in the same spirit of St. Camillus, desired not to hold the Camillian Charism only for the male section but to expand it to the female section too.

The heroic charity of St. Camillus could not have gone unnoticed by many pious women who of their nature are more disposed to feel pity, to a life of dedication and sacrifice, and could not have failed to arouse them in a deep appreciation of this saint's outstanding virtue and desire to imitate it. From the very first beginning of the Order of the sick, its history shows that there were many souls who cooperated with these religious, especially the Camillian Tertiaries who continued their help until suppression during the troublesome times of the last century. Fr. Luigi raved for a moment in which God would help him find a rightful group of young women to realise his plan of extending the Charism to females. He specially looked for a young woman who is herself enthusiastic for the charism of charity and disposed to give the sick a 'heart of a mother', as he desired or even better, as St. Camillus was requiring of his sons. He got a young woman called Vannini whom he raised up as a courageous and generous woman who was ready to pursue the ideals of heroic charity of St. Camillus, submit to his Rule, wear a similar habit and eventually become an instrument to found a Congregation of women religious (The Daughters of St. Camillus). They are engaged in various fields of Health Care Apostolate, such as: hospitals, dispensaries, schools and colleges of Nursing, homes for the aged, institutions for the handicapped children, leprosy colonies and homes for people affected with HIV/AIDs.

(Camillians in the World Today)



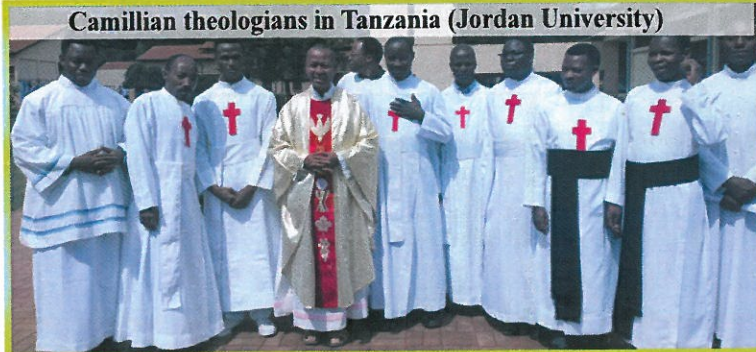
The Ministers of the Infirm of St. Camillus

It was founded by Maria Domenica Brun Barbantini who was an open extrovert, communicative, sensitive, far-sighted intelligent young woman. She had lost almost all of her family members, one after the other, including her father and her only three brothers. With the guidance of the mother, she never lost hope and soon at the age of 22, she married Barbantini who also passed on five months later. He left her with an unborn son but unfortunately died at barely 8 years. In spite of all these unfortunate events, she opened her heart to the poor sick and the abandoned. With an inextinguishable flame in her heart, she cared for the sick and suffering in whose face Jesus was hiding. She was joined by young people to share in her spirit and mission and on 23rd January, 1829, she began a community of 'Oblate Sister Nurses' - having one idea - to visit, help and serve the humanising God agonising in the garden and dying on the Cross - in the persons of the poor and the dying sick. It was approved in August 5, 1841.

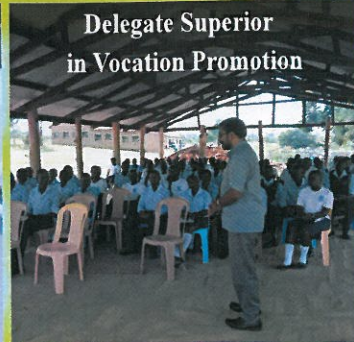
According to the spirit of their vocation and of their fourth vow, they serve the sick of every kind and condition and they are present in hospitals, nursing homes, and clinics; they provide assistance in the homes and promote pastoral care as animators of pastoral projects at the parochial and diocesan levels. They promote basic Health Care education and fundamental principles of human dignity; assist in recovery of drug addicts; are involved in humanisation of death through hope based pastoral care. To the sick and suffering that they meet, they announce the salvation that Christ is the Lord.

To these Daughters of Maria Domenica, Pope Pius IX gave the title The Ministers of The Infirm which St. Camillus had also given to his religious. Today they are found in Italy, Taiwan, Brazil, and in response to the needs of the Church, the institute has extended to Thailand, Kenya, Philippines, Albania, Chile and Haiti.

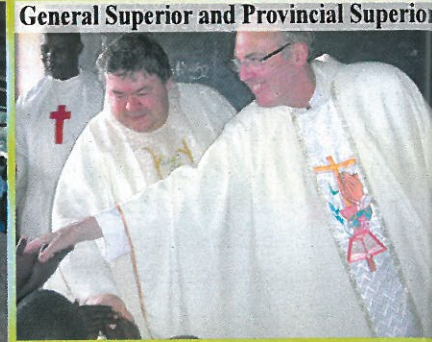
Camillian theologians in Tanzania (Jordan University)



Delegate Superior in Vocation Promotion



General Superior and Provincial Superior



THE CHILDREN AND THE ELDERLY

The one who loves and cares for the little children should love and care for the elderly as well. Jesus says, "Let the little children come to me; do not prevent them, for the kingdom of God belongs to such as these." (Mk.10:14). I am lucky because I grew up in

the presence of my grandmother though my grandfather died before I was born. Never did my grandma mistreat underlook, beat or confront me. She was always there for me and my siblings in assurance that we performed well. From this premise, I believe the elderly generally love the children, though it's not an absolute truth.

The example of Jesus in loving children should be our model, in the same way, the love for the elderly should be our focus too. Children like the elderly have no great difference; they both belong to the vulnerable group. The gospel text of Jesus' attitude to the children should be our reference towards the elderly; It should remind us all the time we see them. We should also love and care for them. Pope Francis in his visit to the elderly, disable and the destitute at Nalukolongo Uganda, briefly summarized his point of such people. "When we see the poor, we should see God's presence in them and it is not enough to be present with the poor (the vulnerable) but to make a change in them." This is possible only through love and care.

I do remember my early childhood. My parents and grandparents took care of me. They not only loved but also cared for my needs like bathing me, clothing me, listening to me and comforting me. It is only through love and care that Jesus was able to serve humanity. The grownups and the learned should depict the parental love and care for the elderly too. This is a mature conscience and moral knowledge which should be exercised instinctively without reasoning about it. Many parents and maids have abused children in many ways through abortion, beating, malnutrition, and neglect. If Jesus walked through the streets of today surely what would he do? Though we claim to love children, we still have street children.

Therefore not far from that, we nowadays have street adults. I question myself, where is our love for children and adults and above all humanity?

Is love like the law of diminishing marginal utility? It may seem to me that love for human life is like the

economic law of diminishing marginal utility; the more of any commodity consumed, the less its marginal utility.

Therefore, the message here is that, the love for humans should not reduce at a certain point but it should rather continue from infancy til old age. The love circle of life from birth to death should be steady; not that I show love and care for children and withdraw such for the elderly.

Life is life and life is one and dearly precious. When I see children I should see life likewise when I see the elderly. Never see life in children and death in the elderly because the mystery of life and death occur to both. This reminds me of a friend who said, "When I see children, I see the future of the society but when I see the elderly, I see no future of the society." It should not be so because all of them have the future of the society at hand; the young will lead the future but it will depend on how the elderly groomed them. Therefore, the future we hope to live is shaped by both the young and the elderly.

In loving memory of the home of the elderly of Katayamba-Mpumude

Mukulia John Bosco (Aspirant)



"JOY ONLY COMES BY LENDING A WEAK MAN A HAND" Bishop McKeown, Bishop of Derry

PRIDE HAS NO EXALTATION

"Pride comes after a fall," this is a common adage which has always proven right.

I would like to express my heartfelt contempt and anxiety towards this 'illness' called pride that has not only devoured but also taken my compeers by storm. It's sad to confess that our generation is suffering from this killer disease which has swept through people from all walks of life. Unfortunately, the disease is a serial killer because it has besieged many uninformed. By so doing, it is dreadfully dangerous and therefore our plight to watch out for it.

From time immemorial, God has warned us about pride. To go about it, it is a feeling of profound satisfaction in an achievement. To put it more clearly, it can also be described as egotism all over one's own status in life. These are normal orientations of any human character, however; it can easily offend other people in the society. There is no exaltation in pride because its ends are exceedingly hazardous. That's why the church powerfully preaches against pride and emphatically advocates for humility. No wonder it is the supreme Capital Sin. According to the book of Proverbs (Prov. 8:13), "In his pride the wicked man does not have time to seek Him, in all his thoughts there is no room for God, and God hates pride and arrogance." Furthermore, in the book of Isaiah (Is. 2:11), the eyes of the arrogant will be humbled and the human pride brought beneath, then the Lord alone will be exalted on that day. Even in the book of Daniel (5:20), Ecclesiastes (17:8), God still continues to express anger towards the wicked who put their delight in pride.

In the New Testament, the Gospel according to St. Mathew, (Mt.5:20) states that, "Unless your righteousness surpasses that of the Scribes and the Pharisees, you will not enter the kingdom of God." The Scribes and the Pharisees were too convinced of their personal

importance that they believed through their strict observance of the law; they were righteous before the eyes of God.

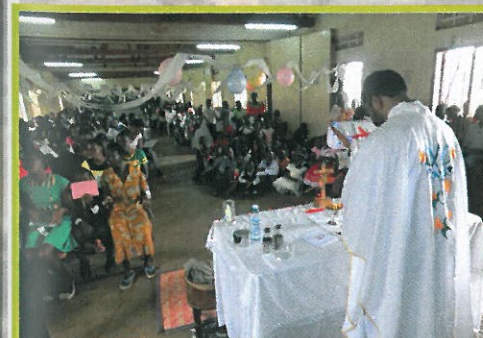
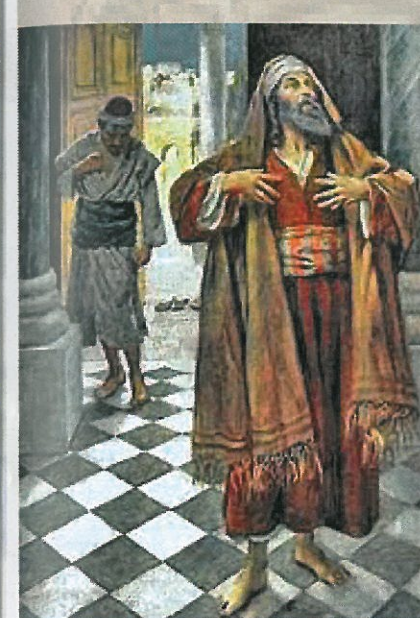
Pride was the first thing that Jesus shook off his shoulders. In the letter to the Philippians (2:6) it is said, "Though he was in the form of God, He did not regard equality with God something to be grasped. Rather he emptied himself, taking the form of a slave coming in human likeness; humbled himself becoming obedient to death even death on a cross." Unlike Adam in the garden of Eden who wanted to equate wisdom with God by having knowledge about everything and to know the difference between good and bad, Jesus rather stooped so low to embrace nothingness.

That is why in the same book (2:9), God greatly exalted Him and bestowed on Him the name that is above all names.

This was an achievement obtained only through Humility. Imagine God being baptised in River Jordan, imagine God washing the feet of his disciples, and imagine God accepting humiliation of all sorts from his own people and dying naked on the Cross! Man, it hurts! It's indeed a mystery we are called to meditate upon.

Let us imitate the example of the Holy See of exercising the works of Humility to whoever we encounter. Just the way an encounter with the leper transformed the life of St. Francis of Assisi, we have been presented by the new millennium Francis who also embraces the social misfits. It is an invitation for all of us to borrow a leaf or two from him.

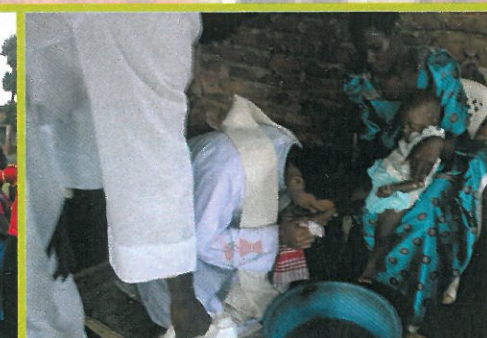
The gospel according to St. Mathew (23:12) summarises for us this whole theme, "Those who exalt themselves will be humbled and those who humble themselves will be exalted." Matovu Patrick Victor Yr. I



Delegate Superior celebrates Holy Mass



Gen. Superior Inspects Guard of Honour Mounted by children



Fr. Jofree washes the feet of disciples



SWIMMING AGAINST THE CURRENT

Through a personal experience, it sounds quite impossible to go through a different "vision periods," in trying to pursue a vision, which involves changes over time, unless one have love for that particular vision. That is the essential aspect we must embrace to sustain our steps in pursuit of a few priorities by which, we eventually attain a vision within a specific period of time.

Having actualized this, there is also need to know where to go to in case we desire to secure such love. At the end of the day, God is the supplier and source of that love we want; it is in this light that we take to heart the rather striking statement, God is love; moreover, we fail to take such a statement down to its practical consequences.

One practical consequence is to open ourselves to the will of God in our life. We therefore keep ourselves open to be attracted to an ideal that we aim to realize within a given vision period; that attraction pushes us to do our work and discharge our duties daily with the view of eventually attaining our vision. Most importantly, as we work and perform our duties each day, we need to focus more on the person we love and the people we serve. We become more selfless with the idea of serving and promoting the well being of others.

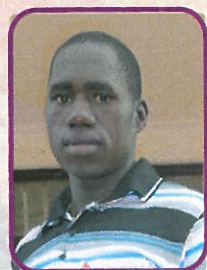
As we keep ourselves open to the action of God in our life, we get to practice various virtues, by which we improve and develop ourselves. By those virtues, we build ourselves to become a bigger and much better persons. Thus our pursuit of a vision ends up with our personal improvement and development. We can never do this alone. We need God, of course. But we also have those others around us with whom we build bonds of friendship and confidence. With them, we take concrete steps and make progress towards the attainment of our vision. Improving and developing ourselves with the support, encouragement, and help of our friends underscores the relationship that has been embedded into our life.

As persons, we come as a result of a gift; and we are called to do the work and live our life so we can give ourselves to others.

A gift is always gratuitous. We have come through no effort of our own. We are and we have our being as a result of the gift of self that two persons brought us into the world: God and our parents. The life we live in this world and the work we do with the ordinary duties, we are called upon to discharge enable us to continually give ourselves as a gift to others.

Thus, as we pursue our vision, we should never forget that we have to take concrete steps and make progress towards our vision always with God's friendship and with confidence and support from friends, upon whom we invest love and gratuitousness and with whom we share the gift of ourselves.

Br. ALIIKIRIZA MATIA



KNOWING AND DISCOVERING THE WAYS OF THE LORD

The ways of the Lord seems to be a mysterious one to all humanity. It is not something crystal clear to those who have experienced it. Even though this way from the start baffles, it is something worth your search. As a pilgrim people, we need to keep on moving as we search His way for us from day to another. For us Christians, Jesus in his very person is the very WAY as elaborated in the gospel of John (Jn.14:6) therefore it is quite interesting to note that God's way is not a law but rather a Person. In all our various struggles as a pilgrim people, let us look up to the person of Christ as a mirror that guides our very own way of life.

"Pilgrims, your foot prints are the road only these; pilgrims, there is no road; you make it as you go. As you go, you make the road and turning to look back, you see the path, you will never tread again, there is no road only wakes in the sea."

(Machada)

Ojok Isaac Yr II

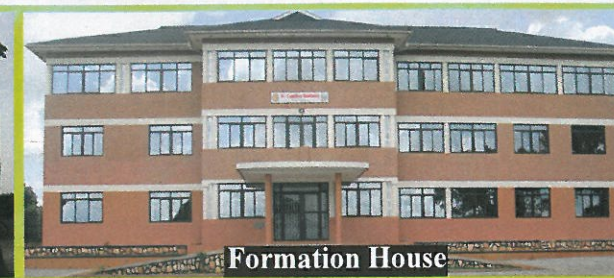
A POOR FARMER'S PRAYER

Late one evening, a poor farmer on his way back from the market found himself without his prayer book. The wheel of his cart had come off right in the middle of the woods and it distressed him that this day should pass without him having to say his prayers. So this is the prayer he made. "I have done something foolish lord, I came away from home this morning without my prayer book and my memory is such a disappointment to me that it cannot recite a single prayer without the book. So this is what I am going to do, I shall recite the alphabet five times very slowly and you to whom all prayers are known can put the letters together to form the prayer I cannot remember."

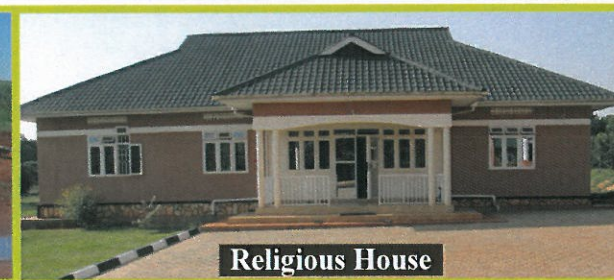
The Lord said to his angels, of all the prayers I have ever heard this was undoubtedly the best because it came from a heart that was simple and sincere.



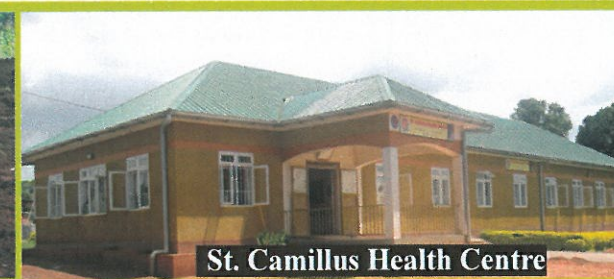
THE BRAIN BEHIND THE CAMILLIAN STRUCTURES



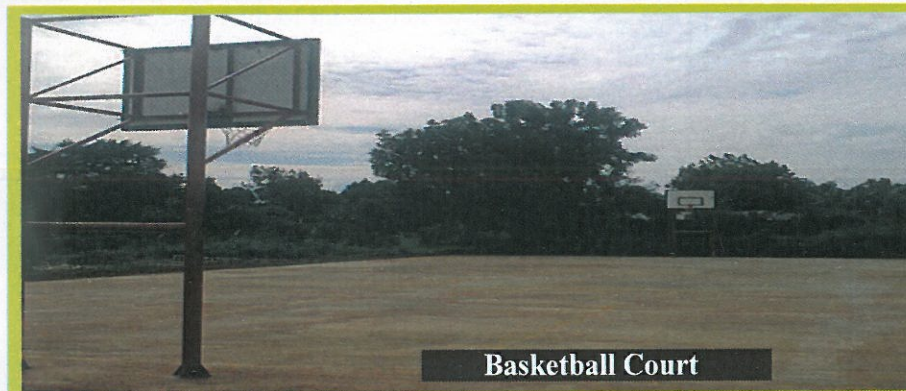
Formation House



Religious House



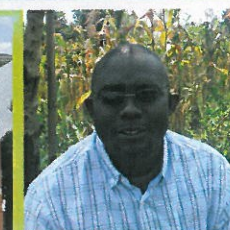
St. Camillus Health Centre



Basketball Court



The Camillian Assistants



Most people think that they cannot own beautiful and permanent structures

because of the huge financial expenses

involved. But the answer is No! It just

needs a bit of planning coupled with

proper consultations. I have worked

with the Camillian Fathers in setting

their structures and I was struck by

their cooperation and commitment.

I managed to handle all their buildings

successfully because of the proper

planning and consultation that we

subjected it to. It was indeed a pleasure

to journey with them in this course of

time and I look forward to working with

them again God Willing. My sincere

token of gratitude goes to Fr. Johnson,

Fr. Richard, Fr. Bijju and Fr. Jofree

together with their Superiors. Here are

some simple hints for a successful

construction project.

i. The Plot of land.

ii. Source of proper professional

iii. Funding.

iv. Commencement of the project.

v. Procurement of the materials.

vi. Workmanship.

Philip Keith Isanga

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'I was Sick and You Cared for Me'

Then the king will say to those on his right, "Come, you who are blessed by my Father, inherit the Kingdom which has been prepared for you from the foundation of the world. For I was hungry, you gave me food, I was thirsty you gave me to drink, a stranger and you welcomed me, naked and you clothed me, sick and you cared for me, in prison and you visited me." Then the righteous will answer him and say, "Lord, when did we see you hungry and feed you, or thirsty and give you drink?" And the king will say to them in reply, "Amen, I say to you whatever you did for these least brothers of mine, you did unto me." Then he will say to those on his left, "Depart from me you accursed, into the eternal fire prepared for the devil and his angels. For I was hungry and you gave me no food, I was thirsty you gave me no drink, a stranger and you gave me no welcome, naked and you gave me no clothing, ill and in prison you did and care for me." Then they will answer and say, "Lord when did we see you hungry or thirsty or a stranger or naked or ill or in prison and not minister to your needs?" He will answer them and say, "Amen I say to you what you did not do for these least ones, you did not for me."

(Mt. 25:34-45)

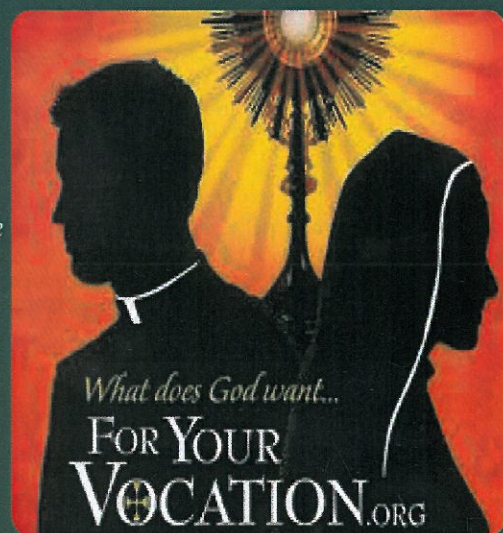
'Took Him to an Inn and Cared for Him.'

There was a scholar of the law who stood up to test him and said, "Teacher, what must I do to inherit eternal life?" Jesus said to him, "What is written in the law? How do you read it?" He said in reply, "You shall love the Lord your God with all your heart, with all your being, with all your strength, and with your entire mind, and your neighbour as yourself." He replied to him, "You have replied correctly do this and you will live." But because he wanted to justify himself, he asked Jesus, "And who is my neighbour?" Jesus replied, "A man fell victim to robbers as he went from Jerusalem to Jericho. They stripped and beat him and went off leaving him half dead. A priest happened to be going down the road, but when he saw him, he passed by on the opposite side. Likewise, a Levite came to the place, and when he saw him, he passed on the opposite side. But a Samaritan traveler who came upon him was moved with compassion at the sight. He approached the victim, poured oil and wine over his wounds and bandaged them. Then he lifted him up on his own animal, took him to an inn and cared for him. The next day, he took out two silver coins and gave them to the innkeeper with the instructions, 'Take care of him. If you spend more than what I have given you, I shall repay you on my way back.' Which of these three, in your opinion, was neighbour to the robbers' victim?" He answered, "The one who treated him with mercy," Jesus said to him, 'Go and do likewise.'

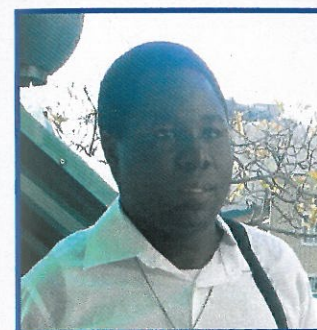
(Lk10:25-37)

FATHER AND THE BLIND DAUGHTER

A father was taking care of his blind daughter when he left her for a moment to go to the grocery and back. Shortly after, a fire broke out in the building. The fire brigade blocked the street and evacuated the neighbours from the building. With a megaphone, the fire chief was encouraging the people still trapped in the building to jump on to the safety net. They all jumped except the young blind girl. She was petrified, frozen to the spot at the window where her father had left her. At the moment, the father arrived and was horrified at what had happened. He immediately grabbed the megaphone and said, "Honey! Its daddy down here. Jump on the count of three!" Instantly, without any moment's hesitations she jumped: that voice was well known to her. We therefore ask through Our Lady that we may learn to trust God and be able to hear his voice and know his will in our lives.



An interview with Brother Mathias Alikiriza

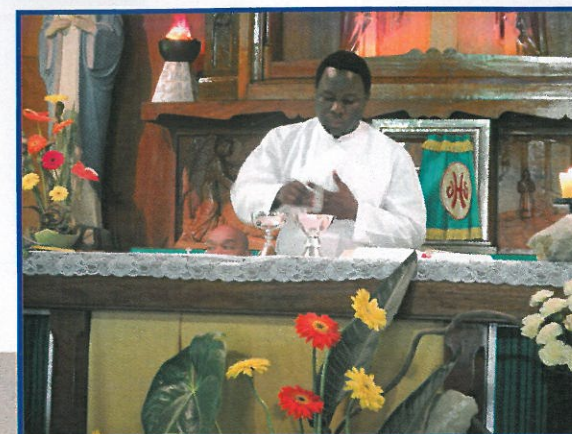


Br. Mathias

Brother Alikiriza Mathias Akiiki is a theology student in the university of Jordan in Morogoro Tanzania. He made his first profession with the Order of the Ministers of the Infirm the previous year. The zealous young man caught up with one of the Philosophy Students at St. Camillus Seminary in Jinja and shared about his life, vocational journey and what it really means to be a religious. He tasseled out the questions with absolute ease as they assailed from Br. Bwambale Steven

Question: May you briefly share about your life and vocational journey my dear Brother?

Answer: My name is Aliikiriza Mathias Akiiki. I come from western Uganda in a district called Hoima. I am the fifth born in a family of eight children of whom two are girls and six boys. My educational journey is one of a kind. I studied my lower primary in two phases; St John kindergaten nursery and primary school in Gulu, and completed primary from St Jude primary school in Hoima. My vocational journey commenced in 2005 when I joined St John Bosco minor seminary in Hoima from where I attained my UCE (Universal Certificate of Education) and UACE (Universal Advanced Certificate of Education). From then hence forth, I have never looked back and I wish to complete what I started 12 years ago.



The Camillians have given me a good platform and I am happy to express that.

Qn. Who is St Camillus to you?

Ans: I can only say that St. Camillus is my mentor.

Qn. I understand that the Camillian Religious Order is a special one not only within the realms of the Catholic Church but also the world in general, its more so defined by its forth vow, "Serving the sick even at the risk of my life" How do you articulate and internalize this as an individual?

Ans. The fourth vow means to serve the sick with total commitment at the risk of one's life, represents the special feature for particular style of consecrated religious life. For Camillians serving the sick is the 'locus theologicus,' meaning it fulfils and expresses its identity as a community of men consecrated to God and entrusted with mission of establishing the Kingdom as a means of salvation for all the sick.

Qn. The religious vocation calls for a special refrain from Earthly things (to mention but a few) how do you go about celibacy because you know very well, it is a stride against nature?

Ans. Celibacy to be reconstructed as a stride against nature is just one of the false beliefs about it. It has never for once been a stride against nature and we cannot blame those who believe so because they do not know what it exactly means. Celibacy can rather be defined as a state of voluntarily being unmarried, sexually abstinent or both, usually for religious reasons. There are quite a number of stages in a celibate's life. Physical celibacy; which is the ability to be wholly human without being sexually active and without feeling distracted. Generative celibacy: an ability to be productive and responsible without becoming a parent or feeling deprived or incomplete. Intimate celibacy; an ability to be a life sharing friend of others without being married and without violating



Br. Steven

one's self gift to God, either physically or psychologically. This is done for the well being of the future generation, for the culture for the faith hope love on the planet, for the church and for the kingdom. Is that not beautiful?

Qn. It's pretty amazing to see how you have travelled to five Capital cities (Kampala, Nairobi, Dubai, Manila and Dodoma) within a space of two years. How does it feel to be in a foreign country and how have you managed to relate with the natives in your apostolate?

Ans. Surely, I have enjoyed travelling to these places and it has been fun. Meeting Camillians of other races gives me joy and I love it especially when you have to use signs to communicate to natives who know neither English nor your local language. I thank God for the grace because He has been the one behind all my struggles and endeavors.

Qn. What are your aspirations and where will you be in the period of five years?

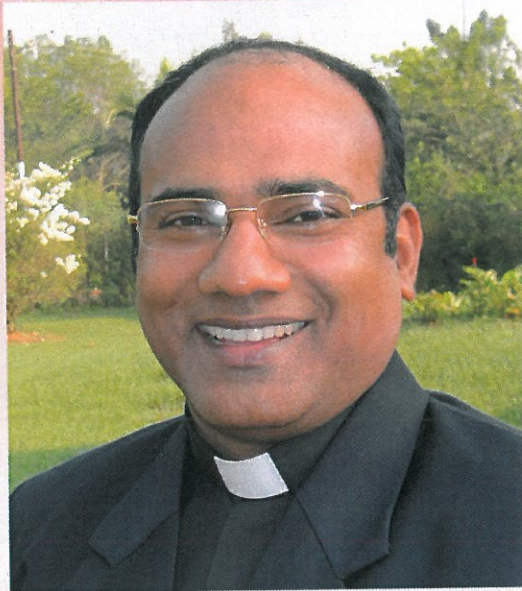
Ans. My aspiration is to become a Camillian priest. However, the issue of my future is well taken care of by the one who planted and who is still watering my aspirations. Just watch out for the space brother (laughs).

Qn. What message do you leave for all lay Camillian family and the Camillian aspirants right at your foot steps

Ans. Camillian religious, brothers and lay Camillians should strive with generous dedication so that the sick in Health Care Institutions are always seen as "Lords and Masters", according to St Camillus' apt expression. They are supposed to be particularly concerned that the sick person becomes aware of their ability to play an active role in evangelization by offering up their own suffering in communion with the crucified and glorified Christ. (Concludes with an emphatic hug)

In Memory of Fr Shibin Joseph Arppathanath

Fr. shibin Joseph Arppathanath was born on 6th September 1970. He has four brothers and two sisters. After completing his high school he joined the Camillian Minor Seminary on July 1st, 1988 at Mananthavady. After the three years of minor seminary formation, he spent a year learning advanced English and later he was sent to Vishwa Jyothi Gurukul, Varanasi for his Philosophical studies in 1992. After completing his Philosophy, he spent a year of Regency at Eluru, A.P, and then later entered the Novitiate at Snehadaan, Bangalore on 24th May 1996. He made his first profession on 25th May 1997 and later in June of the same year he began his theological studies at D.V.K, Bangalore. He made his final commitment on 25th May 2001 and was ordained a priest on 27th December 2001. After his ordination, Fr. shibin Joseph served as Vocation Director of the Indian delegation for three years and it was followed by his service as superior and rector of the minor seminary at Eluru for six years. The last three years of his service at Eluru , he was also serving the delegation as a councilor. Later on 3rd August 2010, he reached Uganda as a Missionary and continued until 9th April 2013. Fr. Shibin left Uganda on 9th April 2013 for his holidays and treatment of hernia he had developed.



After a few days , he was diagnosed with Acute Leukemia and was admitted in St. Johns Medical College Hospital, Bangalore for the treatment. He died on 9th May in the same Hospital and was buried in his home parish Mayanur, Trichur Diocese, Kerala. Though short his life was as a Camillian religious, he left a deep impression in the hearts of many as he carried out his ministry and life. He always seemed to be joyful and pleasant. His passion for the given responsibility was evident right from his first appointment as a Vocations Promoter. He was able to gather so many vocations from various parts of the dioceses and was noteworthy of his humble approaches. His simplicity and integrity was visible in his life and I am sure that many of his students in formation were inspired by him. As rector and superior of the community, he was always available in the

community and was best at accompanying the formatees. He cheerfully volunteered to be a Missionary in Uganda and the three years he spent here is of great impact to the people whom he served. He began his life in Uganda by assisting in formation. He always took to extreme in being with the students be it prayers, gardening, games or manual work. He was found at his best when he moved to Nyenga to serve as Chaplain in the Hospital. The Hospital became his home and the sick became his friends that he was noticed beyond limit of the space of the Hospital to the leprosy colony and surrounding families. Most of the evenings he could be seen with the sick, poor re habilitated near the Hospital. They would wait for him to chat with and pray the rosaries.

The Third Anniversary of The Late Fr. Shibin Joseph

TWO TRAVELLERS

Two travelers met on the Canadian Pacific railway at the end of the 19th century. One of them with a weathered face, knife and gun and the other well dressed in his cassock. The first one explained he was heading for the Klondike in search of gold. It is a hard job he said: much digging it's only possible to work there three months a year because of the snow. There are thieves but gold he added. It's worth fighting for. And you Father? Where are you going? I am in search of pearls answered the missionary with a smile. I'm going to the Eskimos to bring them the name of Jesus. There immortal souls are more precious than silver and gold and they are worth fighting for.



Our Lady Health Of The Sick

PRAYER TO OUR LADY HEALTH OF THE SICK (Patroness of the Order of St. Camillus)

Take my hand O Blessed Mother; hold me firmly lest I fall.
I am nervous when I am walking to thee I humbly call.
Guide me over every crossing watch me when I'm on the stairs.
Let me know you are beside me, listen to my frequent prayers.
Bring me to my destination, safely every single day.
Help me with my understanding as the hours pass away.
And when the evening falls upon me and I fear to be alone,
Take my hand O blessed Mother and once again guide me home.

Glorious Virgin Mary, our Mother, we turn to you with confidence as the Camillian Order came into being under your inspiration and protection. On the feast of your purification, St. Camillus was converted to the Christian way of life. On the feast of your Assumption into Heaven, he had his first inspiration to found the Order. On the feast of your birth, he gave the official beginning to the Order by clothing the first followers with the religious habit. On the feast of the Immaculate Conception, together with his first companions, he gave his final commitment to the Lord through the solemn profession of the religious vows. Down through the centuries, all Camillians, both religious and lay, together with the sick, they were privileged to nurse, have invoked your intercession under the title of Our Lady Health of the Sick. Dear Mother, continue to be close to all who care for the sick and the suffering and intercede for them before the throne of God. Today we turn to you who yourself knew suffering and pain at first hand having cared for St. Joseph through his final illness and accompanied your son Jesus right to Calvary and we ask your intercession before God for who is not well. May your maternal prayers assist..... at this difficult moment in his/her life.



View from the Formation House



View from the Religious House